

CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016

Time	DAY 1 – Friday October 21 / Le vendredi 21 octobre
0700-0800	Registration / Breakfast / Exhibits
0800-0845	Opening Ceremonies / Cérémonies d'ouverture
0845-0945	<p>Opening Keynote / Conférence principale d'ouverture Topic: Curiosity and Conversations: Connecting Beyond a digital world “Logic Takes You From A to B, Curiosity Takes You Everywhere”</p> <p>With advances in technology, we are finding ourselves in a conversation crisis. Hiding behind texts, emails and social media, conversational skills are the most important skills that we are failing to engage in and teach. Success for leaders lies in the conversations they have and the relationships they build, moving beyond what they think they know, or expect, to discover new possibilities and opportunities, especially in conflict. The antidote is curiosity. This interactive session will explore the innovation-driving, emotion-calming skill we are all born with – curiosity – that so easily gets buried beneath our multi-tasking, over scheduled, technology driven lives. Discover how using curiosity in conversations helps us to be open and non-judging so we can better understand each other, thrive in conflict, improve the quality of our relationships and make us happier. It is essential to build the connection and innovation needed in healthcare today.</p> <p>Learning Objectives: Participants will</p> <ul style="list-style-type: none"> ● Understand what a curious conversation is and why it is your most powerful tool in healthcare ● Apply the 3 skills of curiosity in conversations in a digital world ● Appreciate how curiosity makes us happier, improves the quality of relationships, creates innovation and helps us thrive in conflict <p>Presenters: <i>Kathy Taberner BScR (OT) MA CEC and Kirsten Taberner Siggins BA CEC</i> <i>Mother/daughter team - co-founders of Institute of Curiosity and co-authors of “The Power of Curiosity: How to Have Real Conversations that Create Collaboration, Innovation and Understanding” (Morgan James 2015)</i></p>
0945-1015	Refreshment Break / Exhibits / Posters
1015-1145	Concurrent Sessions A
	<p>CONCURRENT SESSION A01 – BREASTFEEDING AND BREASTMILK</p> <p>A01-1 Introducing Breastfeeding Peer Counsellors in the NICU Authors: <i>Jo Watson RN(EC) PhD IBCLC; Kate Robson MEd; Luisa King RN IBCLC; Beth Nolson RN IBCLC; Ophelia Kwakye</i></p> <p>Purpose: This presentation will describe one centre's experience developing and introducing a breastfeeding peer counsellor program in a level III NICU.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Describe the reasons why infants admitted to the NICU are less likely to be exclusively breastfed at the time of discharge ● Understand the steps involved in introducing a breastfeeding peer counsellor program in an NICU ● Describe the outcomes of a breastfeeding peer counsellor program <p>Presenter: Jo Watson, Sunnybrook Health Sciences Centre, Toronto ON</p> <p>A01-2 Enhancing Postpartum Breastfeeding: Translating Evidence to Enhance Maternal Newborn Outcomes - The TEEM Breastfeeding Study Authors: <i>Cynthia Mann RN MN MHA IBCLC PNC(c); Erna Snelgrove-Clarke RN PhD; Diane O'Reilly RN MHA; Erin Fiander RN BScN; Claire Gallant; Ron George MD FRCPC; Ashley Kaye RM; Hilary Kinnear MD</i></p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>Purpose: To evaluate the implementation of evidence-informed breastfeeding support for exclusive breastfeeding among mothers with healthy infants</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Identify the barriers and facilitators related to supporting exclusive breastfeeding on a postpartum unit ● Discuss strategies used in the first quarter of study implementation, to increase the use of best available evidence related to providing breastfeeding support in hospital ● Discuss facilitators and challenges when doing pragmatic research on an busy actively changing inpatient postpartum care area <p>Presenter: Cynthia Mann, IWK Health Centre, Halifax NS</p>
	<p style="text-align: center;">CONCURRENT SESSION A02 - KNOWLEDGE TRANSLATION / PROFESSIONAL PRACTICE</p> <p>A02-1 Summary of the RNAO Best Practice Guidelines for Perinatal Depression (2016) <i>Author: Angela Bowen RN PhD</i></p> <p>Purpose: To inform CAPWHN members of the new Registered Nurses Association of Ontario (RNAO) Best Practice Guidelines for Perinatal Depression (2016)</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Review the impact of perinatal depression on new mothers and their families ● Be introduced to new evidence based best practice guidelines ● Increase awareness of nurses to use the best practice guidelines in their practice <p>Presenter: Angela Bowen, University of Saskatchewan, Saskatoon SK</p> <p>A02-2 Applications of Knowledge Translation in Maternal-Child Health Nursing <i>Authors: Elizabeth Keys RN BN BSc PhD(C) CCHN(C); Karen Benzies RN PhD</i></p> <p>Purpose: To develop capacity for knowledge translation in maternal-child health nursing practice and research.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Review select tools and frameworks useful in the process of knowledge translation ● Understand one approach to applying a knowledge translation plan in an actual clinical-research setting ● Work with knowledge translation tools to build a transferable knowledge translation plan <p>Presenter: Elizabeth Keys, University of Calgary, Calgary AB</p>
	<p style="text-align: center;">CONCURRENT SESSION A03 – PROMOTING HEALTH IN UNIQUE POPULATIONS</p> <p>A03-1 Gestational Diabetes Mellitus: How Well Are We Doing Postpartum? A Scoping Review <i>Authors: Natalie Giannotti RN MN PhD (c); Marilyn Evans RN PhD; Sandra Regan RN PhD; Erin Keely MD FRCPC</i></p> <p>Purpose: To summarize what is currently known about the implementation of the CDA guidelines pertaining to postpartum women with prior GDM (blood glucose screening, breastfeeding, and lifestyle modifications), and to determine future research needs.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand the current clinical practice guidelines for the management of women with prior GDM ● Identify how well the clinical practice guidelines are being followed by health care providers and women with prior GDM ● Identify the gaps in the literature related to diabetes prevention as well as identify future research needs <p>Presenter: Natalie Giannotti, Western University, London ON</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>A03-2 Improving Rates of Exclusive Breastfeeding Prior to Hospital Discharge in Women With Gestational Diabetes Authors: Jo Watson RN(EC) PhD IBCLC PNC(C); Sue Hermann RN MN IBCLC PNC(C) CTDP; Fiona Thompson-Hutchinson RN MN PNC(C) CDE; Billarar Johnson RN MN PNC(C); Michelle O'Connor RN MN PNC(C)</p> <p>Purpose: This presentation will describe a hospital based initiative to improve rates of breastfeeding exclusivity for women with gestational diabetes.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand the global diabetes epidemic ● Describe how diabetes affects the initiation of breastfeeding ● Describe the process and outcome of a project aimed at Increasing rates of exclusive breastfeeding prior to hospital discharge for women with diabetes who are planning to breastfeed <p>Presenter: Jo Watson, Sunnybrook Health Sciences Centre, Toronto ON</p>
	<p>CONCURRENT SESSION A04 – HEALTH SERVICES</p> <p>A04-1 The Move to a New Women's Hospital: "Building a Culture of Change" Authors: Christine Finnbogason RN BSc(M) BN PNC(c); Heather Elands RN BN PNC(c)</p> <p>Purpose: The purpose of this presentation is to examine the application of multidisciplinary collaborative change management strategies on the context of planning a move to a new state-of-the-art Women's Hospital in 2017.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Examine process improvement, change management strategies, and LEAN methodology used in the planning for the new Women's Hospital in Winnipeg, Manitoba ● Share lessons learned regarding supporting staff through large scale change ● Explore a multidisciplinary, collaborative approach to change management in the context of moving to a new state-of-the-art Women's Hospital and the long-term benefits of such an approach <p>Presenters: Christine Finnbogason and Heather Elands, Women's Hospital, Winnipeg MB</p> <p>A04-2 Reaching the Summit: Lessons From the Development and Move of a Large Community Hospital Authors: Cindy MacDonald RN MScN; Christi Robert RN BScN</p> <p>Purpose: To share the history and learnings from the planning stages through to post move from a 50 year old small community hospital to a state of the art health care facility. This will include strategies to embed family centered care principles as well as staff engagement in design and processes. Techniques to facilitate change and support education/orientation will also be presented.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Share how LEAN events and thinking assisted in the preparation for the move of the Maternal Child Program to a green field site ● Present model on providing education to staff encompassing equipment training, orientation, and process flow changes/improvements ● Share design that facilitates and supports family centered care <p>Presenters: Cindy MacDonald and Christi Robert, Halton Healthcare, Oakville ON</p>
	<p>CONCURRENT SESSION A05 – INNOVATIONS IN THERAPEUTICS</p> <p>A05-1 Misoprostol for Induction of Labour Author: Jennifer Bordin RN BScN MScN</p> <p>Purpose: The Society of Obstetricians and Gynaecologists of Canada (SOGC) states that, "misoprostol is considered a safe and effective medication for induction of labour," (SOGC, 2013, pg. S12).</p>

CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016

	<p>However, that being stated many hospitals still do not use misoprostol routinely for induction of viable pregnancies. At The Michael Garron Hospital we initiated the use of misoprostol as a cervical ripening agent. We will discuss the research, and present both our policy and data that we have collected over a six month period.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Review current research on Misoprostol for Induction of Labour (IOL) ● Delineate our journey to implement misoprostol for IOL at The Michael Garron Hospital (formerly called Toronto East General Hospital) ● Discuss pre and post implementation data collection results over a period of six months <p>Presenter: Jennifer Bordin, Michael Garron Hospital, Toronto ON</p> <p>A05-2 Oral Immune Therapy: A BC Women's Hospital Neonatal/Perinatal imPROVE Collaboration Author: Lani Wittmann RN MN IBCLC</p> <p>Purpose: This presentation will report on a collaboration between the acute perinatal and neonatal programs to imPROVE neonatal access to colostrum in the form of oral immune therapy (OIT). The goal was to increase the percentage of eligible neonates receiving OIT and to reduce the time after birth to the first dose.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Examine the current evidence and recommendations for oral immune therapy ● Outline the steps in the quality improvement process targeting increased access to oral immune therapy ● Identify the key challenges, successes and recommendations for implementing OIT <p>Presenter: Lani Wittmann, BC Women's Hospital and Health Centre, Vancouver BC</p>
1145-1315	Lunch / Exhibits / Posters
1230-1315	<p>Knowledge Theatre “Every Change Matters – The Diapering Code of Care – an Evidence Based Guide for the Care of Newborn and Infant Diaper Dermatitis” Presenter: Sharon Dore RN PhD, McMaster University, Hamilton ON</p>
1315-1335	<p>Plenary / Conférence principale – Calgary Urban Project Society (CUPS) Mission: Through integrated healthcare, education and housing CUPS and its partners will assist adults and families in Calgary living with the adversity of poverty and traumatic events to become self-sufficient. How we work: We believe that people progress (and retreat) along a spectrum of resilience. Success is self-sufficiency on multiple dimensions. CUPS and our partners deliver integrated health, education and housing services in order push people towards self-sufficiency. Applying and contributing to the science of building brains and resiliency underpin our work. Advocating to reduce barriers to services among those we serve is a critical component to larger impact.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand CUPS and our work ● Understand the focus on resiliency and how it makes a difference ● Understand how CUPS generates our impact <p>Presenter: Carlene Donnelly, Executive Director, CUPS</p>
1345-1445	Concurrent Sessions B
	<p>CONCURRENT SESSION B01 – BREASTFEEDING</p> <p>B01-1 Medicalization of Breastfeeding: Are We the Problem or the Solution? Author: Marina Green RN MSN IBCLC</p> <p>Purpose: Breastfeeding is increasingly medicalized following a similar history to the medicalization of childbirth. The purpose of this session is to learn from our history: to examine the effects of</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>medicalization and describe strategies to limit medicalization and its detrimental effects on the breastfeeding mother and child.</p> <p>Learning Objectives: Participants will</p> <ul style="list-style-type: none"> ● Describe the concept of medicalization ● Describe why medicalization is a problem for breastfeeding women ● Describe parallels between the medicalization of childbirth and breastfeeding <p>Presenter: Marina Green, BC Children's and Women's Hospital and Health Centre, Vancouver BC</p> <p>B01-2 Informal Milk Sharing: Opinions of Canadian Health Care Providers Authors: Lani Wittmann RN MN IBCLC; Meggie Ross RN MN IBCLC; Lea Geiger RN BScN IBCLC Purpose: This presentation will report on a survey exploring the experience of Canadian health care providers with informal milk sharing - how frequently they encounter it in their practice, their personal beliefs and opinions, and on how prepared they feel for having an informed discussion. Learning Objectives:</p> <ul style="list-style-type: none"> ● Describe the reported experience of health care providers with the practice of milk sharing ● Explore the range of attitudes and beliefs held by various health care providers on informal milk sharing ● Identify the key themes raised by survey respondents in relation to the practice of informal milk sharing <p>Presenters: Lea Geiger, Perinatal Services BC, Kamloops BC; and Meggie Ross, Interior Health, Penticton BC</p>
	<p>CONCURRENT SESSION B02 - PROFESSIONAL PRACTICE</p> <p>B02-1 Orientation to Maternity Program - Innovative Approach to Orient New Grads and Experienced RNs to Postpartum and Labour and Delivery Unit Authors: Isabelle Baribeau RN MN BSc BS; Lindsay Barton RN(C) BScN BA Purpose: The purpose of this presentation is to showcase an innovative orientation program at a large tertiary centre to address the learning needs of both newly graduated nurses and experienced nurses into postpartum and labour and delivery unit. Learning Objectives:</p> <ul style="list-style-type: none"> ● Discuss how the Clinical Collaborative Learning unit model and Preceptorship model were combined to create an unique orientation framework ● Describe and share the orientation curriculum and the key innovative elements ● Describe and share the competency assessment tools used to validate knowledge, skills and critical thinking and attitude. <p>Presenters: Isabelle Baribeau and Lindsay Barton, British Columbia Women's Hospital and Health Centre, Vancouver BC</p> <p>B02-2 Integrating New Nursing Graduates into the Neonatal Intensive Care Unit Authors: Meghan Donohue RNC-NIC BScN; Yvonne Yu RNC-NIC MN Purpose: This presentation will explore how the development of a comprehensive orientation program addresses the educational needs of new graduate nurses or nurses with no NICU experience to facilitate a successful integration into a Level III NICU. Learning Objectives:</p> <ul style="list-style-type: none"> ● Explore how to utilize the option of using inexperienced or new graduate nurses in highly specialized areas such as the NICU ● Discuss the importance of involving an interdisciplinary team of subject matter experts to develop and deliver specific content relevant to each topic covered ● Discuss methods to convey expectations, track orientee progress and facilitate integration as a fully functioning member of the health care team <p>Presenter: Meghan Donohue, Sunnybrook Health Science Centre, Toronto ON</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>CONCURRENT SESSION B03 – PROMOTING HEALTH IN UNIQUE POPULATIONS</p> <p>B03-1 The Perinatal HIV Prevention Protocol for Saskatchewan <i>Authors: Roxanne Laforge RN BScN BA MSc; Debbie Rodger RN ACRN; Amanda Galambos; Lisa Lockie</i> Purpose: To share the multidisciplinary process of developing protocols aimed at reducing perinatal transmission of HIV through consistent approaches to management and care for HIV affected women and newborns, regardless of location of birth in the province of Saskatchewan. Learning Objectives:</p> <ul style="list-style-type: none"> ● Describe the multisectorial provincial initiative undertaken to reduce perinatally acquired HIV in Saskatchewan ● Describe how the Perinatal Prevention Protocol can be used by health care providers and facilities to guide the care for women living with HIV during labour, birth and the immediate postpartum period and guide appropriate care for newborns. ● Discuss knowledge translation strategies to implement the protocols at the local, regional and provincial level <p>Presenters: Roxanne Laforge and Debbie Rodger, University of Saskatchewan, Saskatoon SK</p> <p>B03-2 Nursing Abroad: Volunteer Work in Haiti <i>Authors: Meggie Carpel RN; Amy Renaud RN</i> Purpose: The purpose of this presentation is to share our experience of volunteer work in Haiti. We gave 2 weeks of our time for the organisation called Midwives for Haiti. Learning Objectives:</p> <ul style="list-style-type: none"> ● Discover Midwives for Haiti mission ● Learn about the challenges of obstetrics abroad ● Listen to how volunteering has impacted our nursing practice <p>Presenters: Meggie Carpel and Amy Renaud, Royal Victoria Hospital, McGill University Health Centre, Montreal QC</p>
	<p>CONCURRENT SESSION B04 – HEALTH SERVICES</p> <p>B04-1 Perinatal Health and Parenting in Corrections <i>Authors: Martha Paynter MSc; Emma Halpern; Julie Bilotta</i> Purpose: The purpose of this presentation is to outline the results of our Women's Wellness Within (WWW) project which serves criminalized women facing poverty, addiction, isolation and mental illness in pregnancy and while parenting. Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand the context of reproductive justice in corrections for women in Atlantic Canada ● Recognize the health histories of violence, mental illness, addiction and poverty experienced by women in corrections ● Commit to the ethical imperative of providing perinatal health and parenting support to women in corrections <p>Presenter: Martha Paynter, Dalhousie University, Halifax NS</p> <p>B04-2 Inspiring Perinatal and Women's Health Nurses to Promote Early Brain Development <i>Author: Karen Benzies RN BScN MN PhD</i> Purpose: The purpose of this presentation is to describe (1) the complex science of early brain and biological development, and (2) simple interventions to promote brain development that the perinatal and women's health nurses can implement in their practices. Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand the prevalence of developmental delay in young children, and associated risk factors

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<ul style="list-style-type: none"> ● Understand the mechanisms underlying early brain and biological development in young children ● Understand how to integrate simple interventions to promote brain development in everyday perinatal nursing practice <p>Presenter: Karen Benzies, University of Calgary, Calgary AB</p>
	<p>CONCURRENT SESSION B05 – SAFETY AND PRIVACY</p> <p>B05-1 Social Media and Privacy in the Neonatal Intensive Care Unit (NICU) Authors: <i>Laura Borges RN; Shelley Higazi RN; Anne Cooke RN</i> Purpose: To increase knowledge of Social Media and privacy policies and guidelines, and apply them to our professional roles.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Discuss professional, organizational and governmental privacy policies and their uniformity related to Social Media and privacy ● Initiate conversation about professional expectations and responsibilities related to Social Media practice ● Encourage staff to utilize Social Media appropriately <p>Presenters: Laura Borges, Shelley Higazi, and Anne Cooke, Sunnybrook Health Sciences Centre, Toronto ON</p> <p>B05-2 Creating and Sustaining a Culture of Patient Safety Authors: <i>Sheri DeMeester RN BScN; Liz DeMaere RN BS</i> Purpose: To share the key success factors associated with teams who have made significant strides in creating and sustaining a culture of safety within their units.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Define the elements of a culture of safety ● Share key success factors that are imperative to produce culture change within a unit ● Discuss ways teams can continue to sustain and continuously improve the culture of safety within their units and beyond <p>Presenter: Sheri DeMeester, Salus Global Corporation, London ON</p>
1445-1515	Refreshment Break / Exhibits / Posters
1515-1615	Concurrent Sessions C
	<p>CONCURRENT SESSION C01 – BREASTMILK BANKING</p> <p>C01-1 Got Extra Milk? Collaboration Among BC Health Authorities to Provide Donor Milk Provincially Author: <i>Frances Jones RN MSN IBCLC</i> Purpose: Outline the program offered through BC Women's Provincial Milk Bank to provide pasteurized donor human milk (PDHM) throughout the province in a cost sharing arrangement.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Outline the history of milk banking in Canada ● Describe why PDHM is important particularly in NICUs ● Present provincial cost sharing arrangement that has enabled standardization of care through provision of PDHM in all BC NICUs <p>Presenter: Frances Jones, BC Children's and Women's Hospital and Health Care Centre, Vancouver BC</p> <p>C01-2 Clinical Ideals and Political Realities of Local Human Donor Milk Collection Authors: <i>Martha Paynter MSc; Kathryn Hayward</i> Purpose: This inquiry examines the feasibility of creating a hospital-based or community-based</p>

CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016

	<p>human milk depot to increase local milk collection from breastfeeding mothers in Halifax, NS.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand the current competitive landscape of milk donation: milk-sharing, for-profit companies, and non-profit banks ● Recognize the health equity considerations of remaining without milk donation facilities while we use milk in Atlantic Canada ● Discuss the practical, ethical and economic considerations of milk donation options <p>Presenter: Martha Paynter, Dalhousie University, Halifax NS</p>
	<p>CONCURRENT SESSION C02 - PROFESSIONAL PRACTICE</p> <p>C02-1 Responsive Education for Rural & Remote Perinatal Practice Authors: <i>Rose Perrin BSN; Lela Zimmer RN BScN PhD</i> Purpose: To present an innovative, perinatal education course for registered nurses working in rural/remote contexts that is reality-based and responsive to the needs of communities and practice. Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand the challenges faced by nurses caring for childbearing families in rural/remote communities ● Learn approaches to perinatal nursing education for rural/remote practice ● Gain insight into a practice-driven approach to perinatal education <p>Presenters: Rose Perrin and Lela Zimmer, University of Northern British Columbia, Prince George BC</p> <p>C02-2 Low Fidelity-Simulation, High Impact Learning: Educating Future Maternal and Child Health Nurses Authors: <i>Zahra Shajani RN MPH CCHNC(C); Diana Snell RN MN; Carla Ferreira RN MN CCHNC(C)</i> Purpose: The purpose of this presentation is to demonstrate how low fidelity- simulation as an educational tool can be utilized to increase student competence and confidence in maternal and child health nursing and potentially increase the interest of new graduate nurses to choose roles in this specialty area. Learning Objectives: Participants will be able to</p> <ul style="list-style-type: none"> ● Describe the benefits of using low-fidelity simulation as an approach to teaching maternal child health nursing ● Discover potential opportunities for intersectoral and interprofessional collaboration to ensure nursing students' clinical preparedness in the context of maternal child health nursing ● Identify strategies to improve how nurses are educated to promote quality and safe patient care of women and their families <p>Presenters: Zahra Shajani, Diana Snell, and Carla Ferreira, University of Calgary, Calgary AB</p>
	<p>CONCURRENT SESSION C03 – PROMOTING HEALTH IN UNIQUE POPULATIONS</p> <p>C03-1 With a Steep Learning Curve in View, Postpartum Nurses Rise to the Challenge to Master Central Venous Access Device (CVAD) Care Author: <i>Ginette Aucoin RN MScA IBCLC</i> Purpose: Following a growing trend of patients requiring a CVAD on a postpartum unit, we will share the lessons learned throughout the process of training postpartum nurses for CVAD care with the goal of providing safe and quality care to this ever evolving patient population. Learning Objectives:</p> <ul style="list-style-type: none"> ● Describe the challenges and the lessons learned in caring for women who were readmitted for postpartum complications and who required a CVAD ● Share the stories of three of these women to illustrate their lived experiences during their re-admission to the hospital ● Describe the process of training postpartum nurses to master a set of skills they were rarely

CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016

	<p>faced with but are now are increasingly obliged to Presenter: Ginette Aucoin, Montréal QC</p> <p>C03-2 Congenital Cytomegalovirus (cCMV) Infection: Reaching Higher Peaks in Diagnosis and Treatment in BC Authors: <i>Melanie Basso RN MSN PNC(C); Soren Gantt MD PhD MPH; Sonya VanDriel RN BSN MN</i> Purpose: To present an innovative program which targets screening for congenital Cytomegalovirus (CMV) for newborns who fail their early hearing screening with the goal of improving outcomes in hearing loss and developmental delay. Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand the burden of unreported disease among newborn infants infected with congenital cytomegalovirus ● Become familiar with indications and appropriate methods for cCMV testing ● Understand the need for timely diagnosis, referral and workup of newborns infected with cCMV <p>Presenter: Melanie Basso, BC Women's Hospital and Health Centre, Vancouver BC</p>
	<p>CONCURRENT SESSION C04 – HEALTH SERVICES</p> <p>C04-1 Just Don't Look Down! The Incredible Journey Towards MotherBaby Care in the NICU Authors: <i>Julie de Salaberry RN MSN (c); Kimberly Thornton, RN MSN; Valoria Hait BScN MScHQ; Marg Seppelt BN MBA; Jenna Johnston RN BSN RN MA IBCLC; Megan Bolton RN MSN; Shabnam Ziabakhsh PhD</i> Purpose: To provide information about MotherBaby Care, the process of implementing this innovative combined mother/baby care model in the NICU and to share the anticipated benefits of its model of care. The discussion will also encompass some of the change management strategies required to implement a large scale change. Learning Objectives:</p> <ul style="list-style-type: none"> ● Describe the inspiration to introduce this innovative model of care ● Examine and the various steps in planning, implementation and ongoing evaluation required to make MBC a reality for mothers and their babies ● Learn what change management tools were employed, what worked well and what could be improved ● Learn about the anticipated impacts of MotherBaby Care on the health and well being of mothers, their newborns and the health care system <p>Presenters: Julie de Salaberry and Kimberly Thornton, BC Women's Hospital and Health Centre, Vancouver BC</p> <p>C04-2 An Ever Changing Target: Implementing Evidence Informed Practice on our Baby-Friendly Journey Authors: <i>Frances Jones RN MSN IBCLC; Marina Green RN MSN IBCLC</i> Purpose: Outline implementation challenges and strategies for several evidence-informed practice changes in a large tertiary hospital. Learning Objectives:</p> <ul style="list-style-type: none"> ● Describe the Baby-Friendly Journey of a large tertiary centre ● Outline the most recent challenges in evidence based care - safe, uninterrupted skin-to-skin care (including after cesarean birth) implementing oral immune therapy, cue based feeding in all areas (including the NICU) ● Describe strategies to achieve success <p>Presenters: Frances Jones and Marina Green, BC Children's and Women's Hospital and Health Care Centre, Vancouver BC</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>CONCURRENT SESSION C05 – PARENTAL SUPPORT & EDUCATION</p> <p>C05-1 Postnatal Parental Education for Optimizing Infant General Health and Parent-Infant Relationships: A Cochrane Review Authors: Janet Bryanton RN PNC(C) PhD; Cheryl Tatano Beck DNS CNM FAAN; William Montelpare PhD Purpose: The primary purpose of this systematic review and meta-analyses was to assess the effects of structured postnatal education delivered to an individual/group of parents related to infant general health/care and parent-infant relationships. Learning Objectives:</p> <ul style="list-style-type: none"> ● Discuss the current state of knowledge related to the effectiveness of structured postnatal parenting education ● Discuss the methodology used to conduct the systematic review and meta-analyses of included RCTs ● Discuss the results of the meta-analyses and conclusions related to practice <p>Presenter: Janet Bryanton, University of Prince Edward Island, Charlottetown PE</p> <p>C05-2 Development of Discharge Booklet for Parents of Late Preterm Infants Author: Jennifer Marandola RN MSN (candidate) PNC(C) IBCLC Purpose: The purpose of this presentation is to discuss safe discharge practices of late preterm infants from high-risk maternity wards as well as to present a discharge booklet that can be distributed to parents of this population. Learning Objectives:</p> <ul style="list-style-type: none"> ● Share pertinent discharge information regarding late preterm infant from maternity ward ● Discuss importance of patient empowerment, consistency of information, and support to parents of late preterm infants ● Present management of complicated case scenario regarding 35 week infant on maternity ward <p>Presenters: Jennifer Marandola and Marie-Christine Rodrigue, McGill University Health Centre, Montreal QC</p>
1615-1715	Networking Sessions
1730-1930	Opening Reception with Exhibitors / Réception d'ouverture avec les exposants

DAY 2 – Saturday October 22 / Le samedi 22 octobre	
0700-0900	Registration / Breakfast / Exhibits / Posters
0730-0845	Annual General Meeting (CAPWHN Members) / Assemblée générale annuelle (membres de CAPWHN)
0900-1000	<p>Plenary Keynote / Conférence principale Topic: Global Maternal Newborn Child Health “Progress and Challenges in Global Maternal Newborn Health”</p> <p>Global maternal and child mortality rates have fallen significantly in the last decade. Challenges remain in global maternal newborn health and perceived as affecting Low and Middle Income Countries, yet the picture is not perfect in High Income Countries. Mortality statistics are underreported; indigenous and vulnerable populations are not captured separately; changing demographics such as rising maternal age, fertility and increasing rates of obesity require targeted policies that support access and woman-centred care for all women. Overutilization of technology is common, as is unnecessary intervention and such models are being adopted in LMICs. Fear is sometimes a driver for women and the health care team. Preterm birth remains the most common contributor to neonatal mortality; stillbirth is becoming better recognized as an area of focus. Simple interventions such as breastfeeding significantly impact newborn survival. Reverse innovation such as use of sms demonstrates the benefit of sharing knowledge between countries.</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Review factors contributing to maternal and perinatal mortality and progress globally ● Consider drivers of maternal health care, including woman-centred care ● Discuss areas of research with potentially high impact on outcomes <p>Presenter: <i>Dorothy Shaw (MBChB FRCSC FRCOG CEC CCPE OC) is the Vice President, Medical Affairs for British Columbia's Women's Hospital and Health Centre, responsible for quality and safety in patient care using patient-centred, cost-effective approaches. She is a Clinical Professor in the Departments of Obstetrics and Gynaecology and Medical Genetics in the Faculty of Medicine at the University of British Columbia.</i></p>
1000-1030	Refreshment Break / Exhibits / Posters
1030-1200	Concurrent Sessions D
	<p>CONCURRENT SESSION D01 – BREASTFEEDING</p> <p>D01-1 Immediate Uninterrupted Skin-To-Skin Caesarean Sections Authors: Gillian Ballantyne RN BScN PNC(C); Sue Hermann RN MN IBCLC PNC(C) CTD; Carrie Winslade RN BScN RN; Melanee Eng-Chong M.L.T. B. Comm. CIC Purpose: The purpose of this presentation is to describe and illustrate how immediate uninterrupted skin-to-skin can occur during the caesarean section while maintaining sterile technique and adhering to infection prevention and control protocols. The safety aspects and benefits of skin-to-skin will be highlighted through video footage and photographs. Strategies will be reviewed to help implement this in other centres. Learning Objectives:</p> <ul style="list-style-type: none"> ● Review the process for immediate uninterrupted skin-to-skin during a caesarean section ● Describe the challenges experienced during implementation of this process ● Discuss the benefits and safety aspects of immediate uninterrupted skin-to-skin <p>Presenters: Gillian Ballantyne, Sue Hermann, and Carrie Winslade, Sunnybrook Health Sciences Centre, Toronto ON</p> <p>D01-2 The Argument for Exclusive and Sustained Breastfeeding: Evidence from the Infant Gut Author: Meredith Brockway RN BN BSc IBCLC Purpose: The purpose of this presentation will be to raise awareness of the reasoning for the WHO optimal breastfeeding guidelines (exclusive breastfeeding for 6 months and sustained breastfeeding for 2 years and beyond) and to present recent research that demonstrates how breast milk impacts the development of the infant gut microbiome. Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand and discuss the rationale for the WHO breastfeeding guidelines ● Understand how optimal breast milk feeding influences the infant gut microbiome ● Understand how nursing practices can potentially impact breastfeeding duration and development of the infant gut <p>Presenter: Meredith Brockway, University of Calgary, Calgary AB</p>
	<p>CONCURRENT SESSION D02 - PROFESSIONAL PRACTICE</p> <p>D02-1 Interprofessional Collaboration to Implement Practice Change Associated With Newborn Care in the First 2 Hours of Life in a Tertiary Centre Authors: Isabelle Baribeau RN MN BSc BA; Jody Nikkinen RN BSN Purpose: Outline the process used to successfully implement best practices maternal and newborn care in the first 2 hours post birth.</p>

CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016

	<p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand barriers within the current hospital system to implement best practice maternal and newborn care ● Outline the quality improvement process use to change current practice on the labour and delivery unit ● Discuss the challenges and outcomes in a large quality improvement project <p>Presenters: Isabelle Baribeau and Jody Nikkinen, BC Women's Hospital and Health Centre, Vancouver BC</p> <p>D02-2 Scaling the Barriers to Collaborative Care Between Anesthesiologists and Nurses on Labour and Delivery</p> <p>Authors: Lillia Fung MD FRCPC; Nancy Watts RN MN PNC(c); Kristi Downey MSc; Jose Carvalho MD PhD FANZCA FRCPC</p> <p>Purpose: To identify barriers to collaborative care between anesthesiologists and nurses in a busy Canadian tertiary labor and delivery (L&D) unit and to validate these findings in other units across Canada and the United States.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Exploring barriers to collaborative care between Anesthesiologists and Nurses on the Labour and Delivery ward ● Understanding the strengths and weakness of using the Delphi Technique for consensus building in an interprofessional framework ● Equipping audience members to carry out similar projects exploring barriers to collaborative care in their own centres <p>Presenters: Lillia Fung and Nancy Watts, Mount Sinai Hospital, Toronto ON</p>
	<p>CONCURRENT SESSION D03 – PROMOTING HEALTH IN UNIQUE POPULATIONS</p> <p>D03-1 Report to CAPWHN on the SOGC “Canadian Consensus on Female Nutrition: Adolescence, Reproduction, Menopause and Beyond”</p> <p>Author: Angela Bowen RN PhD</p> <p>Purpose: This presentation will inform CAPWHN members on the recommendations from the “Canadian Consensus on Female Nutrition: Adolescence, Reproduction, and Menopause” by the Society of Obstetricians and Gynaecologists of Canada.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Familiarize CAPWHN conference attendees with the SOGC nutrition guidelines ● Describe the priorities of female nutrition across the lifespan ● Discuss the key points for implementing these guidelines into nursing practice <p>Presenter: Angela Bowen, University of Saskatchewan, Saskatoon SK</p> <p>D03-2 Cancer Risk Reduction for Women with BRCA Mutations: The Role of Nurses in Providing Information and Support to Patients</p> <p>Authors: Joanne Power RN MScN CON(C); Heidi Thomas RN BScN CON(C); Elisha Andrews RN MN; Nancy Drummond RN MSc(A) CON(C); Janet Giroux RN(EC) MScN CCN(C) CON(C); Carrie Thornton RN BScN; Linda Jurincic RN CON(C); Joanne Brodeur Inf BScN</p> <p>Purpose: This presentation will provide an overview of BRCA1/2 mutations, BRCA testing and risk reduction therapy options, and will describe strategies for providing information and support to women with BRCA mutations.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Provide an overview of BRCA 1/2 mutations and BRCA testing ● Describe risk reduction therapy options for patients with BRCA mutations ● Share strategies for providing information and support to women with BRCA mutations <p>Presenter: Joanne Power, McGill University Health Centre, Montreal QC</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>CONCURRENT SESSION D04 – HEALTH SERVICES</p> <p>D04-1 Single Room Maternity Care and Traditional Maternity Care: A Comparative Study Protocol <i>Authors: Elena Ali RN MN Doctoral Student; Deborah White RN PhD; Jill Norris MSc ACC NCC; Marc Hall MSc; Luz Palacios-Derflinger PhD</i> Purpose: This mixed method comparative study aims to describe and compare single room maternity care with traditional maternity care. Learning Objectives:</p> <ul style="list-style-type: none"> ● Learn about two different types of maternity care, single room maternity and traditional care maternity ● Understand the design of this mixed-method, comparative study ● Understand steps to implementation of the study in Calgary, Alberta <p>Presenter: Elena Ali, University of Calgary, Calgary AB</p> <p>D04-2 Reconsidering Discharge From an In-Patient Postpartum Unit: Trying to Reach an Appropriate Length of Stay <i>Authors: Cynthia Mann RN MHA IBCLC PNC(c); Erin Fiander RN BScN; Diane O'Reilly RN MHA; Nancy Herritt RN</i> Purpose: This presentation is provide an overview of the process we used to improve the care we provide in the postpartum period to create a more consistent higher quality of care to all families, while at the same time attempting to reduce our average length of stay in order to become more in line with the national average. This presentation will review the evidence, the stakeholder engagement and the strategies employed throughout this process. Learning Objectives:</p> <ul style="list-style-type: none"> ● Discuss the evidence related to best practice in the discharge of postpartum families ● Identify strategies that can be used to streamline care and focus on the areas that require attention in order to facilitate discharge ● Identify the key milestones developed to identify families that are ready for discharge in order to ensure that families are discharged at an appropriate time <p>Presenters: Cynthia Mann and Erin Fiander, IWK Health Centre, Halifax NS</p>
	<p>CONCURRENT SESSION D05 – PARENTAL SUPPORT AND EDUCATION</p> <p>D05-1 The Perinatal Anxiety Symptoms Scale - The PASS Use in the Clinical Setting (Calgary, Alberta) <i>Authors: Katherine Bright RN BN BSc MN; Cynthia Mannion RN PhD; Lisa Gagnon MD FRCPC</i> Purpose: Women in the perinatal period have increased vulnerability to mental health symptoms or illness and symptoms of anxiety during the perinatal period are occurring with greater frequency. There is also growing evidence of the detrimental sequel of maternal anxiety for mothers and their infants. Elevated, prolonged, and untreated anxiety in pregnancy may have negative and longstanding impact on the developing fetus, emotional and behavioural development in children as well as cognitive development in children. Additionally, anxiety in pregnancy is one of the strongest predictors of postpartum depression. Given that anxiety during the perinatal period has numerous consequences for mothers and their infants, there is an increased need for an effective mental health screening tool to assess for risk, the opportunity for providing appropriate, and for timely intervention. Learning Objectives:</p> <ul style="list-style-type: none"> ● Provide an overview of the Perinatal Anxiety Symptoms Scale ● Increase awareness of valid assessment tools to screen for anxiety during pregnant and the postpartum period ● Describe the outcome measures of using the Perinatal Anxiety Screening Scale as an perinatal anxiety-screening tool

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>Presenters: Katherine Bright and Cynthia Mannion, Alberta Health Services/University of Calgary, Calgary AB</p> <p>D05-2 Women of Mwanza: Perspectives on Pregnancy-related Anxiety in a Low-Income Country Authors: <i>Melanie King Rosario RN MN; Shahirose Premji PhD; Shelley Raffin Bouchal PhD; David Este PhD</i></p> <p>Purpose: Few studies have explored pregnancy-related anxiety (PRA) in low-and-middle income countries (LMIC); even more rare is the exploration of the patient perspective in these regions. This presentation illuminates the women's stories, including aspects of culture, politics, patriarchy, and poverty, while demonstrating some of these important domains that are currently not identified in tools to measure PRA. This study demonstrates the importance of the patient perspective and the need for a refined tool to more accurately measure this phenomenon.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Gain an understanding of the context of PRA in LMIC ● Reinforce the importance of patient perspective, especially in disenfranchised populations ● Review the need for tools that accurately reflect patient needs and experiences <p>Presenter: Melanie King Rosario, Calgary AB</p>
1200-1330	Lunch / Exhibits / Posters
1330-1530	Specialty Sessions
	<p>SPECIALTY SESSION 01 - ENHANCING PATIENT SAFETY THROUGH THE INCORPORATION OF SIMULATION BASED LEARNING</p> <p>This session will provide an introduction to current standards of practice which support a growing body of evidence that can guide the use of simulation based learning principles to enhance learning in health care service and educational settings. Participants will have hands on opportunities to utilize simulation products and discuss potential uses that support the provision of safe patient care.</p> <p>Learning Objectives: At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> ● Describe the levels of fidelity utilized in simulation based learning ● Identify evidence informed research and resources which support simulation as an educational pedagogy that incorporates the INACSL Standards for Best Practice in Simulation ● Participate in simulation based leaning activities which support demonstrate effective approaches to learning that support safe patient care <p>Presenter: <i>Pat Morgan RN MSN, Director Clinical Simulation Learning Centre, Senior Instructor, Faculty of Nursing, University of Calgary, Calgary AB</i></p>
	<p>SPECIALTY SESSION 02 – PERINATAL MENTAL HEALTHCARE: WHY, WHEN AND HOW</p> <p>This session will provide an overview of perinatal mental healthcare in Canada. It will describe international trends in perinatal mental health screening and management and overview the most recent international guidelines. The session will describe barriers to perinatal mental health screening and management based on Canadian studies. It will present novel approaches for perinatal mental healthcare based on Canadian trials on the acceptability, feasibility, and effectiveness of e-screening and e-therapy.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand recent key evidence on the impact of poor prenatal mental health on child

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>outcomes</p> <ul style="list-style-type: none"> ● Understand the state of perinatal mental healthcare in Canada ● Identify what is “keeping us back” based on Canadian evidence ● Understand current international recommendations regarding perinatal mental health screening and management ● Define what moving forward in Canada in perinatal mental healthcare looks like based on Canadian evidence <p>Presenter: <i>Dawn Kingston RN PhD, Associate Professor, Faculty of Nursing, Professorship in Perinatal Mental Health and Child Well-being, University of Calgary, Calgary AB</i></p>
	<p>SPECIALTY SESSION 03 - INTRAPARTUM FETAL HEALTH SURVEILLANCE REFRESHER COURSE</p> <p>This session will provide an overview of current Canadian guidelines for methods of intrapartum fetal health surveillance. A detailed review of IA and EFM definitions, interpretation, classification and management will be provided. The physiology causing FHR changes will be reviewed. Participants will have opportunity to listen to fetal heart rates and classify EFM tracings, propose management strategies and predict the outcome of real cases.</p> <p>Learning Objectives: At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> ● Describe current Canadian guidelines for methods of intrapartum fetal surveillance ● Identify the physiology of fetal heart rates changes ● Explain intermittent auscultation indications, procedure and classification ● Practice systematic interpretation and management of EFM tracings from cases with known outcomes <p>Presenters: <i>France Morin RN BScN MScN, Perinatal Consultant, Champlain Maternal Newborn Regional Program (CMNRP), Ottawa ON</i></p> <p><i>Melanie Basso RN MSN PNC(C), Senior Practice Leader-Perinatal, BC Women's Hospital and Health Centre, Vancouver BC</i></p>
	<p>SPECIALTY SESSION 04 – NON-INVASIVE PRENATAL TESTING (NIPT) BASED ON cFDNA: POSSIBILITIES AND PITFALLS</p> <p>This session will provide an overview of NIPT based on cfDNA. The basis of cfDNA analysis will be presented and its current and future applications reviewed. Participants will also gain appreciation of the clinical, ethical and medicolegal challenges of implementation in a public health care setting.</p> <p>Learning Objectives: At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> ● Describe the basis of cfDNA analysis ● Discuss the current state of NIPT based on cfDNA including <ul style="list-style-type: none"> ○ Current and future scope ○ Limitations of NIPT (false positives, false negatives), multiple pregnancies ● Outline how cfDNA analysis may be incorporated into different prenatal screening strategies ● Discuss the medico-legal and ethical issues <p>Presenters:</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>Jo-Ann Johnson MD FRCSC, Head Section of Maternal Fetal Medicine, Foothills Medical Centre Professor, Department of Obstetrics and Gynecology, Faculty of Medicine, University of Calgary, Calgary AB</p> <p>Nancy Soliman MD FRCSC, University of Calgary, Calgary AB</p>
	<p>SPECIALTY SESSION 05 – BABY-FRIENDLY INITIATIVE – ‘CHANGE IS EASY’ (SAID NO ONE)!</p> <p>The Baby-Friendly Initiative and the WHO 10 Steps to Successful Breastfeeding provide a framework for best practices for women and newborns with outcome indicators to guide that practice. While most maternity providers are familiar with the Ten Steps and individually strive to incorporate these best practices in their care, some of the steps present more of a challenge to implement than others. This presentation will review some of the practices that many find difficult to shift and provide examples and opportunity for discussion of successful strategies to facilitate change.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Identify difficult to change breastfeeding care practices in health care settings • Discuss the challenges to implementing certain changes, including successes and disappointments • Explore the use of the BFI as a strategy for implementing and sustaining evidence based breastfeeding care practices <p>Presenters:</p> <p><i>Lea Geiger RN BScN IBCLC, Provincial Coordinator, Baby-Friendly Initiative, Perinatal Services BC, Vancouver BC</i></p> <p><i>Jody Nikkinen RN BSN, Perinatal Clinical Educator, BC Women’s Hospital and Health Centre, Vancouver BC</i></p> <p><i>Meggie Ross RN MSN IBCLC, Public Health Nurse, Interior Health, Penticton BC</i></p> <p><i>Lani Wittmann RN MN IBCLC, BC Women's Hospital and Health Centre, Vancouver BC</i></p>
1530-1615	Poster Presentations
1615-1715	Networking Sessions
1800-2200	Dinner/Social Event

DAY 3 – Sunday October 23 / Le dimanche 23 octobre	
0700-0745	Toonie Trot / Yoga
0745-0830	Breakfast / Regional Networking
0830-0840	Opening Remarks / Allocution d’ouverture
0840-0930	<p>Plenary / Conférence principale – “Dealing the cards and taking your chances”: How playing the <i>Brain Architecture Game</i> can inform perinatal and women’s health nursing practice</p> <p>Session Description: The <i>Brain Architecture Game</i> will help perinatal and women’s health nurses to understand the mechanisms that underlie the intergenerational transmission of adversity and how to prevent it. When mothers and fathers have grown up with adversity, stress, neglect or abuse, in many cases, they pass on these problems to their own children with demonstrated negative effects that start in pregnancy. Negative outcomes include preterm birth, postnatal depression, and delays in child communication and social development. Preventing intergenerational transmission of the negative effects of adverse childhood experiences can improve the next generation’s lifelong mental and</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>physical health, and well-being. Playing this hands-on game in small groups generates powerful learning. A public health nurse who played said: “Once you understand, there is no going back”.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Understand the basic mechanisms underlying early parent-child relationships that predict development • Using the <i>Brain Architecture Game</i> to understand the effects of adverse childhood experiences on lifelong health and well-being • Explore strategies to disseminate the science of adverse childhood experiences to perinatal and women’s health nurses in your jurisdiction <p>Presenters: <i>Karen M. Benzies RN BScN MN PhD, and the Alberta Family Wellness Initiative Team</i></p>
0930-0945	Refreshment Break / Posters
0945-1115	Concurrent Sessions E
	<p>CONCURRENT SESSION E01 – BREASTFEEDING</p> <p>E01-1 Making an Impact Through Participation in an Innovative Breastfeeding Program for Young Women: Evaluating Self-Efficacy Authors: <i>Christina Cantin RN MScN PNC(C); Bianca Stortini MD FRCSC; Beverley Croft RN BScN; Julie Gagnier RN MSc; Wendy Peterson RN PhD PNC(C); Nathalie Fleming MD FRCSC</i> Purpose: To describe the impact of an innovative youth-informed breastfeeding program on young mother's breastfeeding self-efficacy. Learning Objectives:</p> <ul style="list-style-type: none"> • Describe two breastfeeding interventions tailored to young women • Describe the results of the breastfeeding self-efficacy evaluation • Identify key strategies that increase breastfeeding self-efficacy in young pregnant and parenting women <p>Presenters: Christina Cantin, Champlain Maternal Newborn Regional Program, Ottawa ON and Wendy Peterson, University of Ottawa, Ottawa ON</p> <p>E01-2 "It Seemed Like the Natural Thing To Do" - A Study of Choice for Breastfeeding Mothers Author: <i>Catherine Sheffer RN PhD PNC(C)</i> Purpose: The primary purpose of this study was to employ a phenomenologically grounded, hermeneutic process to co-constitute the meaning and understanding of the lived experience of maternal decision-making around breastfeeding. Learning Objectives:</p> <ul style="list-style-type: none"> • Deepen understanding of the impact of a mother's world upon her decision regarding breastfeeding • Increase understanding that feeding is not just feeding • Discuss how meaningful relational support is thematically highlighted to be vital to the breastfeeding process, and the need for increased reflection upon the relational stance of nurses when providing support for all mothers will occur <p>Presenter: Catherine Sheffer, Dalhousie University, Halifax NS</p>
	<p>CONCURRENT SESSION E02 - PROFESSIONAL PRACTICE</p> <p>E02-1 Innovation in Perinatal Care: The Role of Advanced Practice Nursing Within the Interprofessional Team Authors: <i>Leigh Andrews RN MN PNC(C) CTDP; Megan Fockler RN MPH; Sue Hermann RN MN IBCLC PNC(C) CTDP; Fiona Thompson-Hutchison RN MN PNC(C) CDE</i> Purpose: To explore how innovative care models and collaborative healthcare partnerships, led by Advanced Practice Nurses, created an evidence-informed practice model which optimizes complex</p>

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>patient care needs within a Perinatal Program.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Review the role of the Advanced Practice Nurse within the Canadian Nurses Association Competency Guidelines ● Describe an innovative interprofessional model of care which utilizes Advanced Practice Nurses working at full scope within a perinatal healthcare team ● Summarize adaptable strategies to promote excellence in the patient experience using Advanced Practice Nursing roles <p>Presenters: Leigh Andrews, Megan Fockler, Sue Hermann, and Fiona Thompson, Sunnybrook Health Sciences Centre, Toronto ON</p> <p>E02-2 An Interprofessional Student Doula Program to Support Marginalized Women During Childbirth: A Seven-Year Follow-up</p> <p>Authors: Mariana Veiga RN BSc MSc BSN; Karen Pike RN BSN; Amy Braunstein RM BA BSc RM; Laura Willihnganz RM BSc; Flora Fang-Hwa Teng MD MPH; Fiona Scanlan MD BA MA; Samantha Reineking MD CCFP</p> <p>Purpose: The purpose of this study was to explore 1) the program’s impact on participants’ attitudes towards and respect for other types of health professionals; 2) participants’ willingness to work interprofessionally; 3) self-reported enhancement of participants’ interprofessional communication, decision-making, and conflict resolution skills through participation in the doula program; 4) the program’s effect on subsequent career choices, i.e. influence on pursuing work in maternity care, on interprofessional teams, or with marginalized populations.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Describe this unique interdisciplinary program attended by nursing, midwifery, and medical students ● Understand the impact that this program had on participant's attitudes towards and respect for other health care professionals and their willingness to work interprofessionally ● Understand the impact that a program such as this can have on student's future career choices and attitudes <p>Presenter: Mariana Veiga, BC Women's Hospital and Health Centre, Vancouver BC</p>
	<p>CONCURRENT SESSION E03 – PROMOTING HEALTH IN UNIQUE POPULATIONS</p> <p>E03-1 A Change of Heart – Pregnancy and Cardiac Disease: Experiences and Outcomes from Our Cardiac Obstetrics Clinic</p> <p>Authors: Leeann Taylor RN MSN; Emma Iacoe RN MSN; McCarthy Bev RN BSN; Karen LeComte RN MSN; Alexia Gillespie RN BSN; Merav Dvir MD, Cardiology Fellow; Jasmine Grewal MD, Cardiologist</p> <p>Purpose: The Cardiac Obstetrics (COB) clinic at St. Paul's Hospital is an innovative program which provides care for women with cardiac disease during the antenatal and perinatal period. This presentation will provide an overview of this unique program including the clinic’s history and development, the role of our multidisciplinary and multi-specialty team and the ways in which it helps the population it serves. A complex case study demonstrating how collaboration and communication among the members of COB clinic team will be presented as an example of how this program can impact both maternal and fetal outcomes.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Examine the purpose of the Cardiac Obstetrics Clinic at St. Paul's Hospital, demonstrate the outcomes achieved through the clinic, and explore lessons learned ● Explain the necessity and role of the obstetric and cardiac care providers while caring for women with complex cardiac disease during pregnancy and birth ● Participate in a dynamic case study review of a woman with aortic dissection during pregnancy

**CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016**

	<p>Presenter: Leeann Taylor, St. Paul's Hospital, Vancouver BC</p> <p>E03-2 Reconciling Resistance: A Grounded Theory of Women's Postnatal Physical Activity Decision-Making Authors: <i>Sarah Liva RN PhD (c.); Wendy Hall RN PhD</i> Purpose: To highlight the complexity of women's decision-making about postnatal physical activity and discuss implications for nursing and health care delivery. Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand how women's perspectives about physical activity affect their physical activity decision-making ● Explain how women reconcile varying postnatal expectations with their physical activity levels and motivation ● Identify strategies for nurses and other health care professionals to support postnatal physical activity <p>Presenter: Sarah Liva, University of British Columbia, Vancouver BC</p>
	<p>CONCURRENT SESSION E04 – HEALTH SERVICES</p> <p>E04-1 How Do the Experiences of Fathers in Caring for Their Late Pre-term Infants at Home Inform Quality Improvement Initiatives? Authors: <i>Sandra Reilly RN EdD; Shahirose Premji RN PhD; Genevieve Currie RN MN; Aliyah Dosani RN PhD; Abhay K. Lohda MD; Marilyn Young RN</i> Purpose: Part of a larger study of caring for late pre-term infants (LPIs) in the community, this mixed method study evaluates fathers' experiences after their LPIs go home. The study focuses on how clinical providers can guide the fathers in anticipating the unknown and sometimes unpredictable special needs of their families. Learning Objectives:</p> <ul style="list-style-type: none"> ● Characterize stress-related experiences that fathers of LPIs report after their infants go home ● Analyze quantitative data about selected coping responses of the fathers ● Examine pathways to improve the quality of care for families of LPIs <p>Presenters: Sandra Reilly and Shahirose Premji, University of Calgary, Calgary AB</p> <p>E04-2 Easing the Transition to Home: The creation of a Postpartum Follow up Clinic Authors: <i>Erin Fiander RN BScN RN; Cynthia Mann RN MN MHA IBCLC PNC(C); Diane O'Reilly RN MHA; Nancy Herritt RN</i> Purpose: The purpose of this presentation is to describe the creation of a new postpartum follow up service on a hospital postpartum care unit. This presentation will explore the facilitators, successes and challenges of developing a postpartum follow-up clinic at the IWK Health Centre and to celebrate the continued commitment of nurses to supporting families in their transition to home on an individualized basis. Learning Objectives:</p> <ul style="list-style-type: none"> ● Explore how a postpartum follow up clinic has provided opportunities to implement evidence informed practice for both inpatient and outpatient populations ● Explore how the development of a postpartum clinic has provided opportunities to increase interdisciplinary and intersectoral collaboration thereby enhancing care for women and families throughout the postpartum period ● Explore ways to maximize the registered nurses knowledge and expertise in a variety of settings through capacity building and continued education <p>Presenters: Erin Fiander and Cynthia Mann, IWK Health Centre, Halifax NS</p>
	<p>CONCURRENT SESSION E05 – PARENTAL SUPPORT AND EDUCATION</p>

CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016

	<p>E05-1 Standardized Bereavement Education - Supporting Nurses and Families Authors: Gillian Ballantyne RN BScN PNC(C); Meghan Donohue RNC-NIC BScN Purpose: Historically nursing education has focused on the development and application of technical knowledge and skills related to the care of a patient. Novice nurses learn by watching their peers and modeling their behaviour as well through mentorship by more experienced staff. The area of perinatal bereavement is highly sensitive, and caring for these patients and their families is fraught with challenges. In an attempt to provide compassionate care we often assign these families to experienced nurses and don't always have the resources to allow for mentorship of the novice nurse. Providing a standardized education to nurses is one way to address the knowledge gap and increase their confidence in caring for these families. Learning Objectives:</p> <ul style="list-style-type: none"> ● Demonstrate how a program took patient feedback and developed a quality improvement project to address gaps in knowledge and process ● Discuss how the specific information covered impacts nursing practice in Birthing Unit and High Risk Obstetrics ● Explore how nurses can increase their confidence when dealing with difficult situations by partnering with families in crisis through the use of specific knowledge and resources <p>Presenters: Gillian Ballantyne and Meghan Donohue, Sunnybrook Health Sciences Centre, Toronto ON</p> <p>E05-2 Quasi-Experimental Evaluation of a Telephone-Based Peer Support Intervention for Maternal Depression Authors: Nicole Letourneau RN PhD FCAHS; Loretta Secco RN PhD; Jennifer Colpitts BA; Sarah Aldous RN MN; Miriam Stewart RN PhD; Cindy-Lee Dennis PhD Purpose: Untreated, prolonged maternal depression is a global health issue that is linked with negative mothering experiences, mother–child interaction and child developmental outcomes. Deficient social support is causally linked with maternal depression and likely contributes to maternal depression up to two years after delivery. Telephone-based peer support is effective for early postpartum depression and its effectiveness should be tested with maternal depression up to 2 years after delivery. Our purpose is to evaluate the effect of telephone-based peer support on maternal depression and social support. Learning Objectives:</p> <ul style="list-style-type: none"> ● Understand how telephone-based peer support is effective for both early postpartum depression and maternal depression up to two years after delivery ● Discuss strategies to integrate depression assessment and social support interventions by nurses in acute care and the community settings into the usual health care of mothers and infants up to two years after delivery ● Understand treatments for mothers who experience depressive symptoms despite telephone-based peer support <p>Presenter: Nicole Letourneau, University of Calgary, Palix, RESOLVE Alberta, Calgary AB</p>
1115-1215	<p>Closing Keynote / Conférence principale de clôture “Inspired by Curiosity: A Nurse Researcher’s Journey from Bedside to the Laboratory”</p> <p>Session description: Through examples from personal experiences and research findings, attendees are taken on an inspiring ride into the world of a nurse clinician scientist who has chosen to let curiosity be in the driving seat.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> ● Describe a personal and professional journey of one nurse who successfully marries a passion for clinical work with academia ● Elucidate innovative research findings on the impacts of early adverse stressors, such as pain and medically indicated treatments, and their effect on the developing brain of very preterm

CAPWHN 6th National Conference Program
Calgary Alberta – October 21-23 2016

	<p>infants in the NICU</p> <ul style="list-style-type: none">• Inspire participants to reflect on their own career path with unconstrained curiosity <p>Presenter: <i>Manon Ranger RN PhD, Clinical Assistant Professor, School of Nursing, University of British Columbia and Postdoctoral Fellow, Child & Family Research Institute, Department of Pediatrics, UBC, Vancouver BC</i></p>
1215-1230	Closing Remarks / Allocution de clôture